

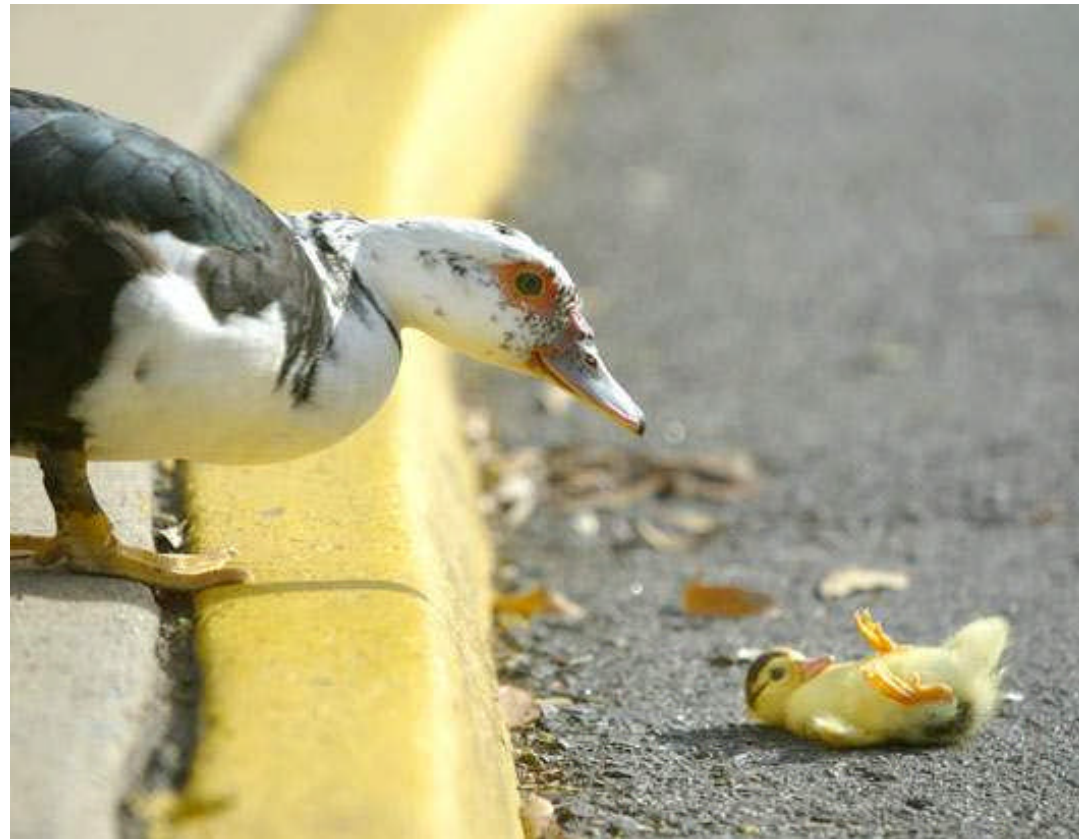
WHAT PART OF QUIET  
DIDN'T YOU  
UNDERSTAND??



EVERYONE NEEDS TO  
FEEL SECURE....



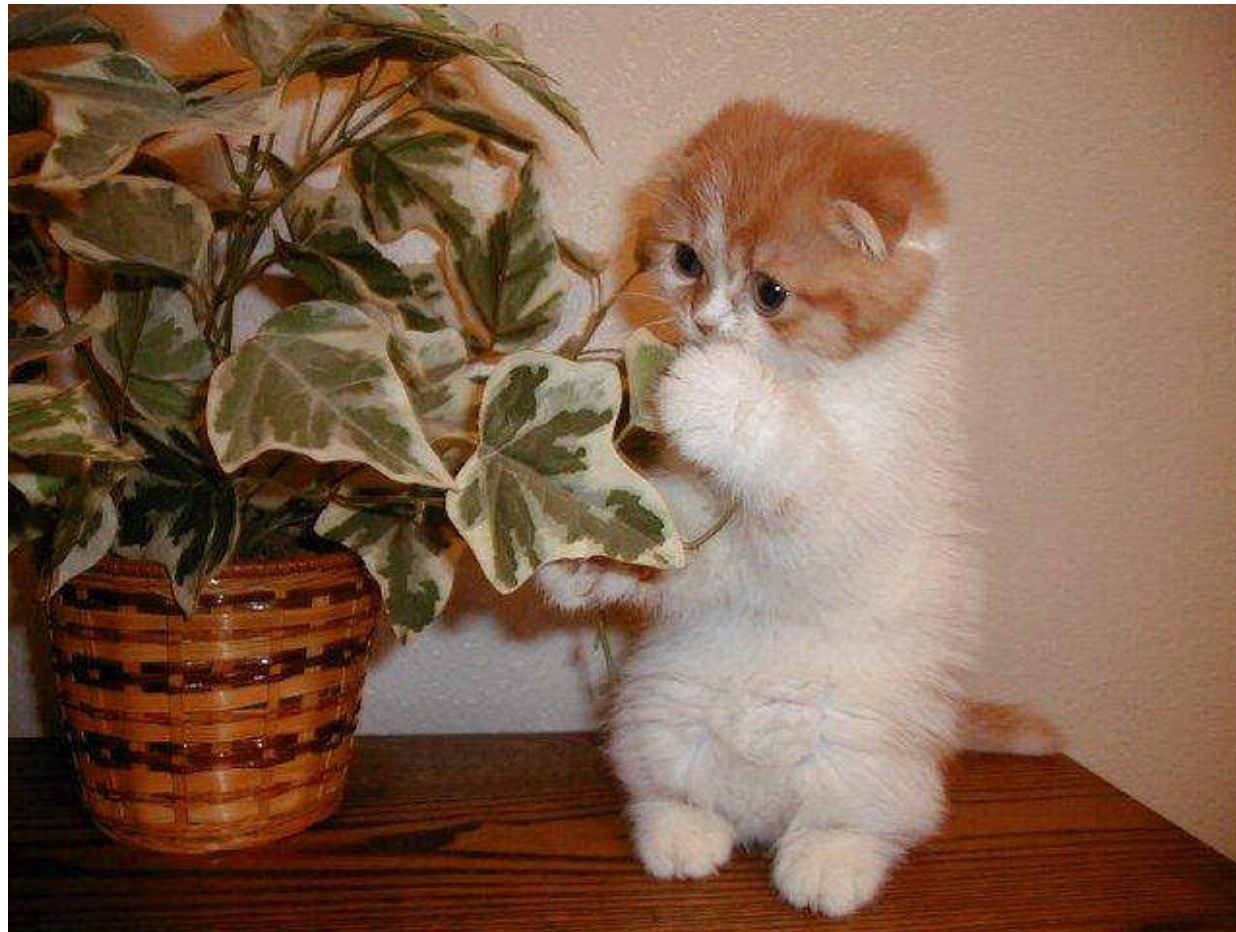
COULDN'T HELP IT MA,  
THAT FIRST STEP IS A  
KILLER..



NOW WHAT DO I DO???



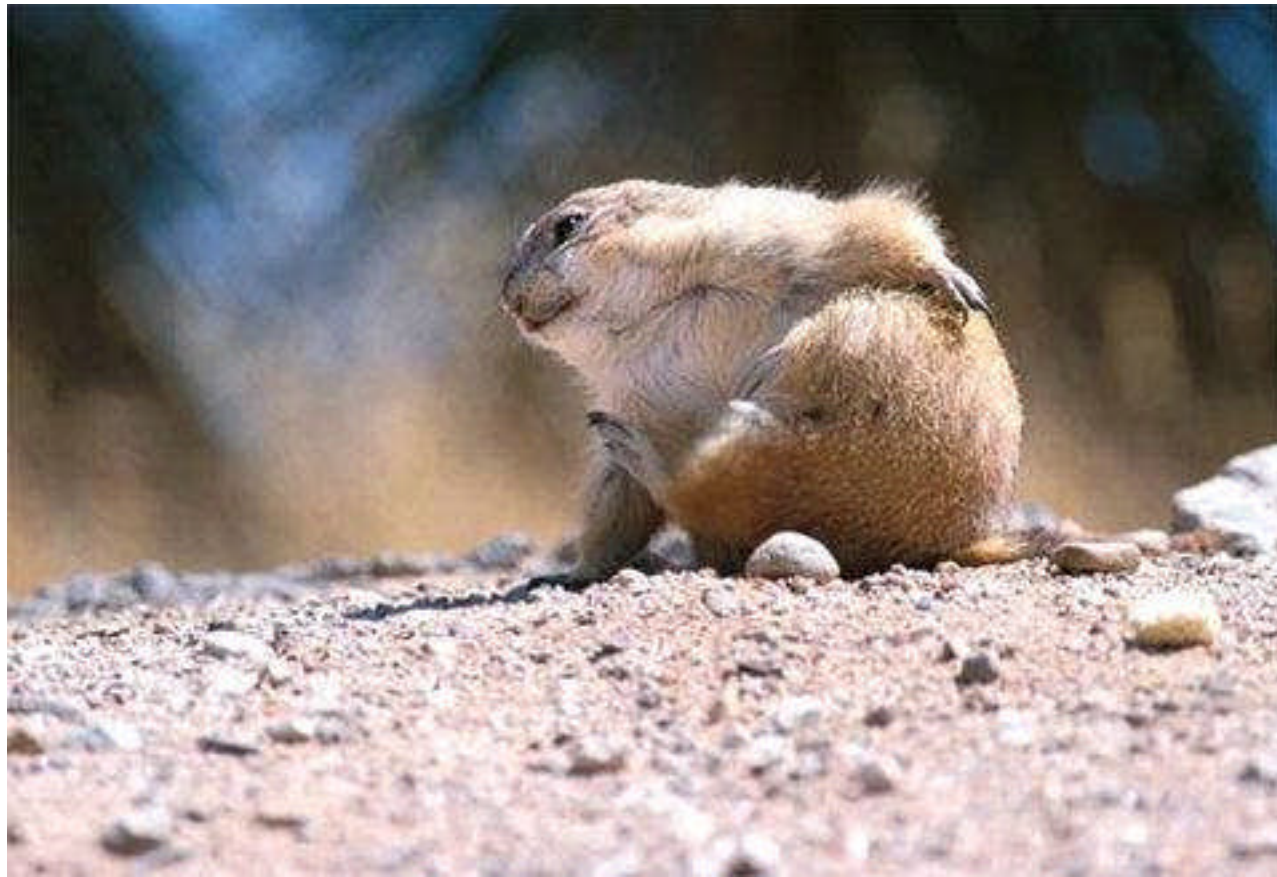
IT'S IN THERE  
SOMEWHERE, I JUST  
KNOW IT!!



I REALLY NEED TO GET  
GOING, BUT JUST CAN'T  
SEEM TO GET  
MOTIVATED.....



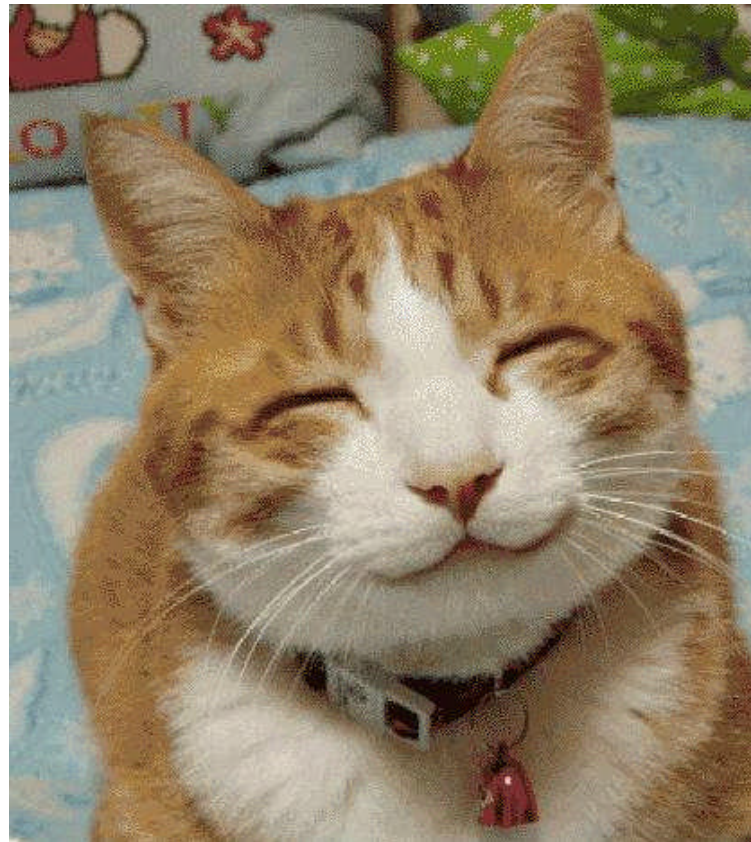
MAN.I'M GETTING SO FAT  
I CAN HARDLY SCRATCH  
MY OWN BUTT!!



THESE MORNING WALKS  
ARE KILLING ME!!!!



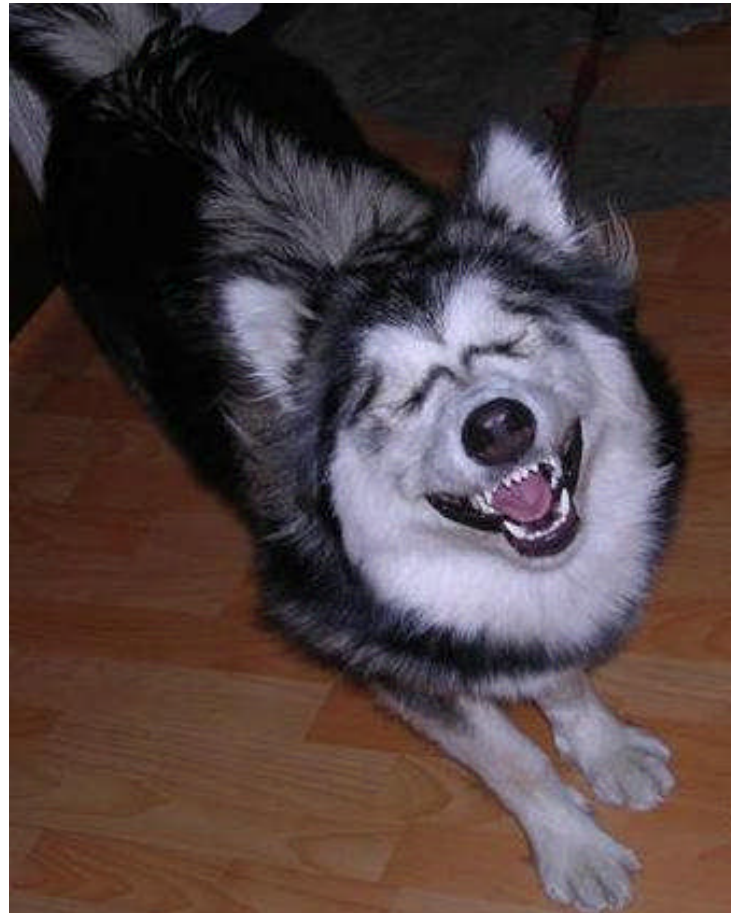
**HAVE YOU SMILED  
TODAY??????**



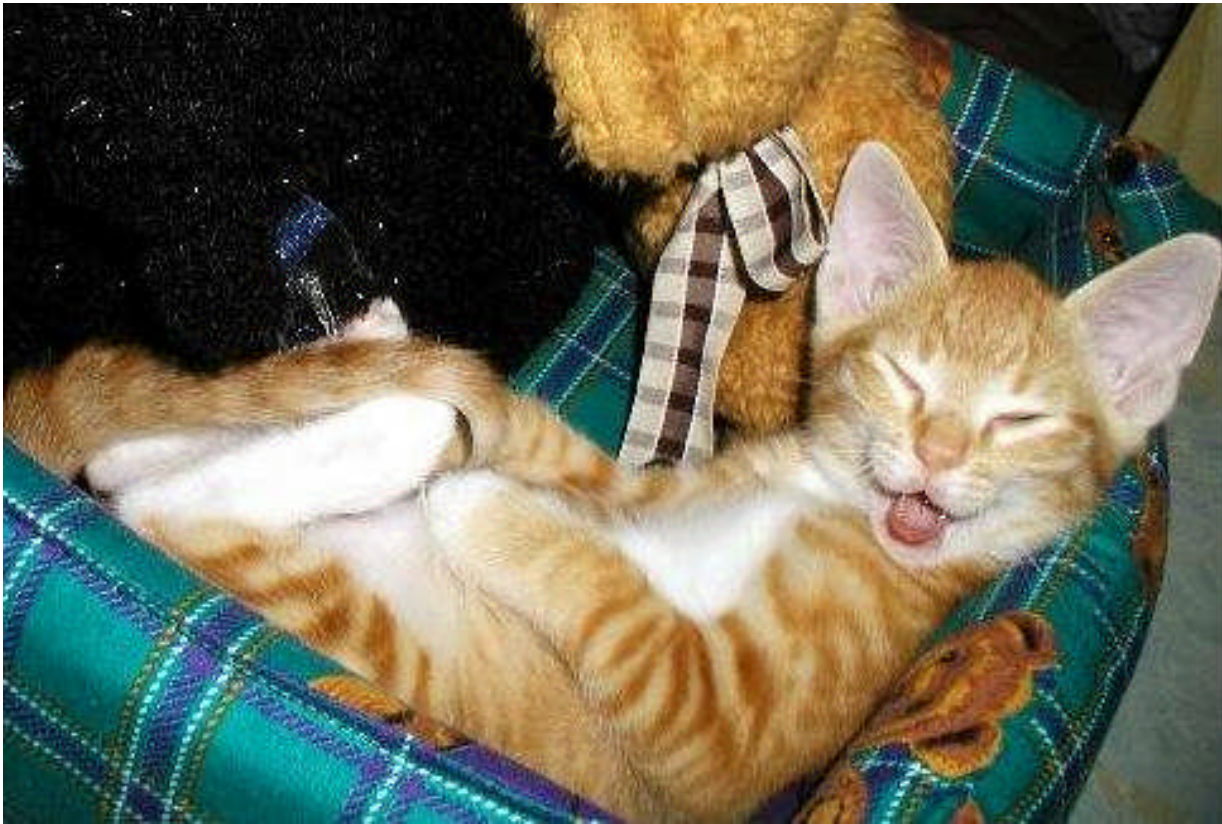
**It is done by moving the  
corners of the mouth  
upward.**



**LET ME SHOW YOU  
HOW.....**



????????????????????



????????????????



Just in case nobody has  
smiled at you today ?



**NOW PASS  
IT ON, AND  
MAKE  
SOMEONE  
ELSE  
SMILE!!!**